

# Allergen Information

Prima makes products in a bakery where all allergens (excluding crustaceans & molluscs) are present at all times and in constant use. While we make every effort to prevent cross contamination, we **cannot guarantee** that any food item we make is 100% free of any specific allergen.

For customers with serious allergies, particularly Nut/Sesame allergies who may react to a trace of an allergen, it is important to recognise that even with this level of control there may still be traces of allergens present in the food from airborne contamination, and may therefore be unsuitable for you to eat.

If you require allergen information on any specific product, **please ask a member of staff** who will be happy to assist.

It is important to note that we may update our recipes or suppliers at any time, so please ensure the allergen information **is checked at the time of every purchase.**



Product Description	Suitable for Vegetarians	Suitable for Vegans	Gluten from Wheat	Gluten from Rye	Gluten from Barley	Gluten from Oats	Gluten from Spelt	Gluten from Kamut	Milk	Eggs	Nuts (Peanuts)	Nuts (Almonds)	Soya	Sulphur Dioxide & Sulphites	Celery	Sesame Seeds	Mustard	Lupin	Fish
<b>CONFECTIONERY</b>																			
BELGIAN BUN	YES																		
BILLIONAIRE BUN	YES																		
LUXURY LEMON MUFFINS	YES																		
JAM & CREAM DOUGHNUTS	YES																		
JAM DOUGHNUTS	YES																		
CARAMEL DOUGHNUTS	YES																		
CUSTARD DOUGHNUT	YES																		
BISCOFF DOUGHNUT	YES																		
MILLIONAIRE'S DONUT	YES																		
JAM & CREAM SCONE	YES																		
APPLE & RASPBERRY TURNOVER	YES																		
CREAM SLICE	YES																		
OLD SCHOOL CAKE	YES																		
FONDANT FANCY	YES																		
GINGERBREAD MEN	YES																		
CARROT CUPCAKES	YES																		
STRAWBERRY SPRINKLE DOUGHNUTS	YES																		
TRIPLE CHOC DOUGHNUTS	YES																		
CARAMEL LACE DOUGHNUTS	YES																		
LEMON DOUGHNUTS	YES																		
RASPBERRY DOUGHNUTS	YES																		
COOKIE DOUGHNUTS	YES																		
MARSHMALLOW DOUGHNUTS	YES																		
BROWNIE "CUP"CAKE	YES																		
BISCOFF "CUP"CAKE	YES																		
<b>TRAYBAKES</b>																			
LUXURY CHOCOLATE BROWNIE	YES																		
BISCOFF ROCKY ROAD	YES																		
APPLE & DATE SHORTBREAD	YES	YES																	
YOGHURT TOPPED FLAPJACK	YES																		
SALTED CARAMEL FLAPJACK	YES																		
CHOCOLATE & COCONUT FLAPJACK	YES	YES																	
DARK CHOCOLATE ROCKY ROAD	YES	YES																	
GLUTEN FREE BROWNIES	YES																		
CRANBERRY & PUMPKIN SEED FLAPJACK	YES	YES																	
CHOCOLATE & CARAMEL SHORTBREAD	YES																		
PLAIN OAT FLAPJACK	YES	YES																	

 INDICATES PRESENCE OF ALLERGEN

Allergens Notice: No Products on this page have ingredients that contain Molluscs or Crustaceans

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<b>SEASONAL PRODUCTS</b>																			
MINCE PIES	YES	YES																	
BUTTERY MINCE PIES	YES																		
FLAKY MINCE PIES	YES																		
MILLIONAIRE'S MINCE PIE	YES																		
FRANGIPANE MINCE PIE	YES																		
SPICED XMAS LOAF CAKE	YES																		
SAFFRON STOLLEN																			
CHRISTMAS PUDDING LOG & MINIS	YES																		
CHRISTMAS TRUFFLES	YES																		
CHRISTMAS CAKE LOG	YES																		
CHRISTMAS PASTIES																			
CHRISTMAS SCONES	YES																		
EASTER SCONES	YES																		
HOT CROSS BUNS	YES	YES																	
LEMON EASTER CAKE																			
CHOCOLATE & ORANGE HOT CROSS BUNS	YES																		
WHITE CHOC & LEMON HOT CROSS BUNS	YES																		
TEAR & SHARE HOT CROSS LOAF	YES	YES																	
<b>GLUTEN FREE (made with Deglutinated Wheat Starch)</b>																			
GF STEAK PASTY (Made Marion)			*																
GF CHEESE PASTY (Made Marion)			*																
GF VEGAN PASTY (Made Marion)	YES	YES	*																


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**SAVOURIES**

PUFF PASTRY	YES	YES																	
SHORTCRUST PASTRY																			
STEAK PASTIES																			
FLAKY STEAK PASTIES																			
CHICKEN PASTIES																			
PEPPERED STEAK PASTIES																			
STEAK AND ALE PASTIES																			
CHICKEN & CHORIZO PASTIES																			
STEAK & STILTON PASTIES																			
LAMB & MINT PASTIES																			
CHEESE & ONION PASTIES	YES																		
COUNTRY VEGETABLE PASTIES	YES	YES																	
SCORRIER VEGETABLE PASTIES	YES	YES																	
BOMBAY POTATO PASTIES	YES	YES																	
BENGALI BEEF PASTIES																			
CAULIFLOWER CHEESE PASTIES	YES																		
FULL ENGLISH BREAKFAST PASTIES																			
RED THAI VEGAN PASTIES	YES	YES																	
HAM & CHEESE PASTY																			
CHILLI BEEF PASTY																			
VEGAN CHICKEN PASTY	YES	YES																	
APPLE & BLACKCURRANT PASTIES	YES	YES																	
APPLE & CUSTARD PASTIES	YES																		
RHUBARB & CUSTARD PASTIES	YES																		
8" SAUSAGE ROLLS																			
HERB & BLACK PEPPER SAUSAGE ROLL																			
SWEET CHILLI GOURMET SAUSAGE ROLL																			
CHEESE & CHUTNEY GOURMET SAUS ROLL																			
PORK & APPLE CIDER GOURMET SAUS ROLL																			
VEGAN SAUSAGE ROLL	YES	YES																	
CHEESE & BACON WRAP																			
BREAKFAST WRAP																			
SPINACH & FETA TURNOVER	YES																		
MEAT PATTIES																			
STEAK SLICE																			
CHEESE & ONION SLICE	YES																		
CHICKEN & MUSHROOM SLICE																			
CHICKEN JALFREZI SLICE																			
CHICKEN AND MUSHROOM PIE																			
STEAK AND KIDNEY PIE																			
STEAK & ALE PIE																			
CHUNKY STEAK PIE																			
CHICKEN CURRY PIE																			
CHUNKY CHICKEN PIE																			

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