

Product Description	Suitable for Vegetarians	Suitable for Vegans	Gluten from Wheat	Gluten from Rye	Gluten from Barley	Gluten from Oats	Gluten from Spelt	Gluten from Kamut	Milk	Eggs	Peanuts	Nuts	Soya	Sulphur Dioxide & Sulphites	Celery	Sesame Seeds	Mustard	Lupin	Fish
CAKES																			
TRIPLE CHOC BROWNIE	YES																		
CHOCOLATE CHIP FLAPJACKS	YES	YES																	
CARAMEL FLAPJACK	YES	YES																	
CHERRY FLAPJACK	YES	YES																	
SHORTBREAD BISCUITS	YES																		
CHOCOLATE SHORTBREAD BISCS	YES																		
CHOCOLATE TRUFFLES	YES																		
LEMON MADEIRA	YES																		
CHERRY MADEIRA CAKE	YES																		
FARMHOUSE SULTANA CAKE	YES																		
TOFFEELICIOUS CAKE	YES																		
CHOCOLICIOUS CAKE	YES																		
LEMON SENSATION CAKE	YES																		
BOILED FRUIT CAKE	YES																		
LEMON SPONGE	YES																		
JAM SPONGE NO CREAM	YES																		
VICTORIA SPONGE	YES																		
CHOCOLATE SPONGE	YES																		
COFFEE SPONGE	YES																		
CHELSEA DANISH PASTRIES (x4)																			
CUSTARD DANISH SLICE (PKT)																			
TREACLE TART	YES																		
CONGRESS TART	YES																		
MINI CONGRESS TARTS	YES																		
CHERRY BAKEWELL TART																			
MINI BAKEWELL TARTS																			
CHOCOLATE CORNFLAKE CAKES	YES																		
CHERRY & ALMOND PIRANS	YES																		
CHOCOLATE MUFFINS	YES																		
BLUEBERRY MUFFINS	YES																		
FINGER CREAM DOUGHNUTS	YES																		
JAM DOUGHNUTS	YES																		
ALMOND CROISSANT	YES																		
CARAMEL DOUGHNUTS	YES																		
BANANA & TOFFEE MUFFIN	YES																		
YUM YUMS	YES																		
EGG CUSTARD TARTS	YES																		
GINGERBREAD MEN	YES																		
CHOCOLATE DIPPED SHORTBREAD	YES																		
7" CARROT CAKE	YES																		
CARROT CUPCAKES	YES																		
CHOCOLATE CUPCAKES	YES																		
CHELSEA BUN																			
MILLIONAIRE'S SHORTBREAD	YES																		
APRICOT & OAT CRUMBLE	YES																		



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CAKES

SPICED APPLE CROWN																			
APPLE & RASPBERRY CROWN																			
CHELSEA CROWN																			
CUSTARD CROWN																			
PLAIN FLAPJACK	YES	YES																	
CINAMMON APPLE DOUGHNUTS	YES																		
STRAWBERRY SPRINKLE DOUGHNUTS	YES																		
TRIPLE CHOC DOUGHNUTS	YES																		
CARAMEL LACE DOUGHNUTS	YES																		
LEMON DOUGHNUTS	YES																		
COOKIE CRUSH DOUGHNUTS	YES																		

BREAD AND MORNING GOODS

ALL WHITE LOAVES	YES	YES																	
ALL GRANARY LOAVES	YES	YES																	
ALL WHOLEMEAL LOAVES	YES	YES																	
TIGER BREAD	YES	YES																	
MULTI SEED (LOW GI) COB/ BLOOMER	YES	YES																	
SEEDED LOAVES	YES	YES																	
GRANARY & WALNUT BREAD	YES	YES																	
SOURDOUGH BREAD	YES	YES																	
RYE BREAD	YES	YES																	
SEEDED RYE BREAD	YES	YES																	
SODA BREAD	YES																		
SPELT LOAF	YES	YES																	
ROSEMARY & SEASALT FOCACCIA	YES	YES																	
SAFFRON BUNS AND CAKES																			
TEACAKES																			
YEAST BUNS AND CAKES																			
HEVVA BUNS AND CAKES	YES																		
CHOCOLATE MELTS	YES																		
PLAIN & FRUIT SCONES	YES																		
HOT CROSS BUNS	YES																		
PLAIN CROISSANTS	YES																		
PAIN AU CHOCOLAT	YES																		
PAIN AU RAISIN	YES																		
F/SERV JUMBO TEACAKES	YES																		
F/SERV ALL BUTTER PLAIN SCONES	YES																		
F/SERV ALL BUTTER FRUIT SCONES	YES																		
F/SERV SAFFRON BUNS																			



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ROLLS																			
WHITE ROLLS/BAPS/SPLITS/FINGER	YES	YES																	
WHOLEMEAL ROLLS/BAPS/SPLITS	YES	YES																	
GRANARY ROLLS/BAPS/SPLITS	YES																		
CHEESE ROLLS	YES																		
TIGER BAPS	YES	YES																	
DELI SEEDED BAPS	YES	YES																	
BRIOCHE BAPS/ROLLS	YES																		
WHITE SUBS/TORPEDOES	YES	YES																	
GRANARY SUBS/TORPEDOES	YES																		
SUNDRIED TOMATO TORPEDOES	YES	YES																	
RUSTIC CIABBATTAS	YES	YES																	
PANINI - PLAIN	YES	YES																	
PANINI - SEEDED	YES																		
POPPY ROLLS/ BAPS	YES	YES																	
PLAIN BAGUETTE	YES	YES																	
WHITE GLAZED ROLL/FINGERS	YES																		
GRANARY GLAZED ROLL/FINGER	YES																		
SEEDED BRIOCHE	YES																		
WRAPPED FLAPJACKS AND BARS																			
BANOFFEE	YES																		
CHOCOLATE TIFFIN	YES																		
YOGHURT TOPPED	YES																		
CHOCOHOLIC	YES																		
CARAMEL SHORTBREAD	YES																		
RASPBERRY CRUMBLE	YES	YES																	
PLAIN OAT FLAPJACK	YES																		
CHERRY BAKEWELL																			
CHRISTMAS PRODUCTS																			
MINCE PIES	YES	YES																	
BUTTERY MINCE PIES	YES																		
SAFFRON STOLLEN																			
XMAS PUDDINGS	YES																		
MINI CHRISTMAS PUDS	YES																		
CHRISTMAS TRUFFLES	YES																		
CHRISTMAS PUDDING LOG	YES																		
CHRISTMAS CAKE LOG	YES																		
CHRISTMAS PASTIES																			
GLUTEN FREE																			
GF STEAK PASTY (Barnett Fare)																			
GF CHEESE PASTY (Barnett Fare)																			
GF VEGETABLE PASTY (Barnett Fare)																			
GF PLAIN SCONE																			
GF FRUIT SCONE																			

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SAVOURIES																			
PUFF PASTRY																			
SHORTCRUST PASTRY																			
STEAK PASTIES																			
CHICKEN PASTIES																			
PEPPERED STEAK PASTIES																			
STEAK AND ALE PASTIES																			
CHICKEN & CHORIZO PASTIES																			
STEAK & STILTON PASTIES																			
LAMB & MINT PASTIES																			
CHEESE & ONION PASTIES	YES																		
VEG PASTIES	YES	YES																	
BOMBAY POTATO PASTIES	YES	YES																	
BENGALI BEEF PASTIES																			
CAULIFLOWER CHEESE PASTIES	YES																		
CHEESE & BACON PASTIES																			
CHICKEN & MUSHROOM PASTIES																			
SAUSAGE ROLLS																			
CLASSIC GOURMET SAUSAGE ROLL																			
MEXICAN GOURMET SAUSAGE ROLL																			
VEGAN SAUSAGE ROLL	YES	YES																	
CHEESE & BACON WRAP																			
MEAT PATTIES																			
STEAK SLICE																			
CHEESE & ONION SLICE	YES																		
CHICKEN & MUSHROOM SLICE																			
CHICKEN JALFREZI SLICE																			
CHEESE QUICHE																			
HAM QUICHE																			
MEDITERRANEAN QUICHE																			
CHICKEN AND MUSHROOM PIE																			
STEAK AND KIDNEY PIE																			
SPINACH & RICOTTA ROLL	YES																		
GOURMET VEGAN ROLL	YES	YES																	
BBQ PORK GOURMET SAUSAGE ROLL																			
SPINACH & FETA TURNOVER	YES																		
PREPACKED SUBS																			
HUNTERS CHICKEN																			
HAM PLOUGHMANS																			
BLT																			
TUNA & SWEETCORN																			

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GRANARY PREPACKED SANDWICHES

HUNTERS CHICKEN			■		■				■	■			■		■		■		
BACON & EGG			■						■	■			■						
BLT			■						■	■			■						
CHICKEN & BACON			■						■	■			■				■		
TUNA & CUCUMBER			■						■				■						■
HAM, CHEESE & PICKLE			■						■				■				■		
CHEESE & TOMATO	YES		■						■				■						
CHEESE MIX & SPRING ONION	YES		■						■	■			■				■		
ROAST CHICKEN SALAD			■						■				■						
HAM SALAD			■						■				■						
TUNA SWEETCORN MAYO			■						■	■			■				■		■
SAUSAGE & EGG			■						■	■			■						
EGG MAYO & TOMATO	YES		■						■	■			■				■		
HAM & ENGLISH MUSTARD			■	■					■				■				■		
ONION BHAI	YES	YES	■						■				■						
HOUMOUS & RED ONION	YES	YES	■						■				■			■			
CHEESE SALAD	YES		■						■				■						
CHICKEN & STUFFING			■						■	■			■				■		

WHITE PREPACKED SANDWICHES

HUNTERS CHICKEN			■		■				■	■			■		■		■		
BACON & EGG			■						■	■			■						
BLT			■						■	■			■						
CHICKEN & BACON			■						■	■			■				■		
TUNA & CUCUMBER			■						■				■						■
HAM, CHEESE & PICKLE			■						■				■				■		
CHEESE & TOMATO	YES		■						■				■						
CHEESE MIX & SPRING ONION	YES		■						■	■			■				■		
ROAST CHICKEN SALAD			■						■				■						
HAM SALAD			■						■				■						
TUNA SWEETCORN MAYO			■						■	■			■				■		■
SAUSAGE & EGG			■						■	■			■						
EGG MAYO & TOMATO	YES		■						■	■			■				■		
HAM & ENGLISH MUSTARD			■	■					■				■				■		
ONION BHAI	YES	YES	■						■				■						
HOUMOUS & RED ONION	YES	YES	■						■				■			■			
CHEESE SALAD	YES		■						■				■						
CHICKEN & STUFFING			■						■	■			■				■		

PREPACKED WRAPS

BBQ CHICKEN			■		■								■		■				
ONION BHAI	YES	YES	■						■				■						
SWEET CHILLI CHICKEN			■						■	■			■						
CHEESE MIX, SPRING ONION & MAYO	YES		■						■	■			■				■		
HOUMOUS & RED ONION	YES	YES	■						■				■			■			

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